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Your Safety Matters

This information letter is distributed to those people who are ensuring that their workplace is safe and healthy. This includes members of WHS Committees, WHS Representatives, Safety Officers, Supervisors, Managers and Directors. "Your Safety Matters" (formerly "Committee Member") is a free information letter which has been distributed since 1996.

WORKPLACE INJURIES MOST COMMON CAUSE


**30% are
Manual Handling**

(WorkCover NSW Statistical Bulletin 2012-13)

The Solution is:

1. Identify any hazardous manual tasks in your workplace.
2. Assess the risks of hazardous manual tasks.
3. Eliminate or control the risks.
4. Monitor and review the risk controls.
5. Inform, train and instruct workers in a readily understandable way about:
 - the nature of the risks in their hazardous manual tasks
 - how those risks must be controlled
 - how to perform their workplace manual tasks safely

Reference sources: - Hazardous Manual Tasks Code of Practice
- WHS Regulation 2011, clauses 34-39, 60.

This publication provides general information about WHS. It is not a legal opinion and does not represent a comprehensive statement of the law to be applied to a particular problem.

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